

Estate Planning Newsletter – 01.27.22

Section 1.01 Here When You Need Us

Happy New Year from our Chambliss Estate Planning Team!

We hope everyone enjoyed the holiday season, and we hope you're excited for what 2022 may bring. If there is anything we can do to help address your needs, please don't hesitate to reach out to us! We continue to conduct meetings both virtually and in person with protocols to ensure a safe client experience.

— Dana, Greg, and your Chambliss team

Estate Planning Resources



Estate Planning for a Single Person

If you are single, you may not think you need to plan your estate, but single people are in as much need of a plan as anyone else. Estate planning not only involves determining where your assets will go when you die — it also helps you plan for what will happen should you become incapacitated, perhaps as the result of a stroke, dementia, or injury. If you don't make a plan, you will have no say in what happens to you or your assets...

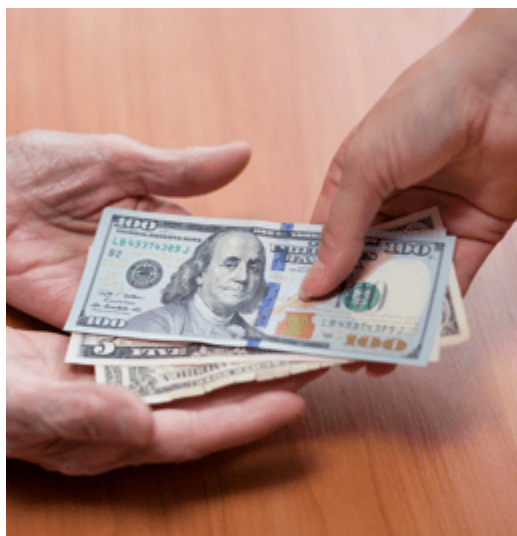
[Read More](#)



Why You May Need a Trust in Addition to a Power of Attorney

While everyone should have a durable power of attorney that appoints someone to act for them if they become incapacitated, in some circumstances it is not enough. In these cases, a revocable trust can help...

[Read More](#)



You Can 'Cure' a Medicaid Penalty Period by Returning a Gift

Anyone who gifted assets within five years of applying for Medicaid may be subject to a penalty period, but that penalty can be reduced or eliminated if the assets are returned...

[Read More](#)

Also check out...

[TN Department of Intellectual & Developmental Disabilities – Family Support Program](#)

In 1992, Tennessee Legislature established the Family Support Program. The program is designed to assist individuals with severe disabilities and their families in remaining together in their homes and communities. For more information on the resources available, visit tn.gov.

[7 Things You Need Before Filling Out the 2022–23 FAFSA® Form](#)

If you need financial aid to pay for college, complete the *Free Application for Federal Student Aid* (FAFSA®) form. The 2022–23 FAFSA form is now available. Fill it out as soon as possible on or after Oct. 1 at the official government site, fafsa.gov.

[I'm Over COVID Symptoms, But Still Testing Positive. Am I Infectious?](#)

As high levels of COVID-19 transmission persist, people continue to wonder how long they should isolate after learning they're infected. Read more on the [MedPage Today website](#).

Just for Fun...

Setting Realistic Goals in the New Year

The start of the new year is a popular time to set new goals or find new motivation for every member of the family. Children and youth can get used to staying within their comfort zone to ensure success. The great thing about setting goals is that we learn to reach, and we strive for something new.

Kidcentral tn recommends the following to help your children and family set goals in the new year:

- Choose realistic goals
- Just out of reach goals are okay
- Set a specific goal
- Break it down
- Checkpoints are important
- Make goal setting a family effort
- Applaud your child's efforts

Visit [kidcentral tn](http://kidcentral.tn)'s website to read more about helpful ways you can set realistic goals in the new year!

Source: [kidcentral tn](http://kidcentral.tn)